Surgical Hearing Implant Program

Otolaryngology - Head & Neck Surgery

ANNUAI



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2019 Annual Report Surgical Hearing Implant Program





COCHLEAR IMPLANT PROCEDURE – FEATURING NEW ROTATIONAL MAGNET ELECTRODE

REPORT HIGHLIGHTS

Message from the Director

by Dr. Jordan Hochman – SHIP Medical Director

2019 has been an active and productive year for the Surgical Hearing Implant Program (SHIP).

The Universal Newborn Hearing Program has helped SHIP continue to lower the age of pediatric implantation. Dr. Darren Leitao and SHIP coordinator Justyn Pisa have designed a system that ensures infants receive immediate diagnostic and imaging studies once identified with hearing loss at birth. This has results in an average age of implantation of 11.8 months, which will positively affect the ease and speed of language acquisition in these children.

Through vendor negotiations and strict budget management, adult sequential bilateral cochlear implantation has become a standard of care for our Centre. We are proud to offer this service to Manitobans with profound hearing loss.

Jordan Hochman MD Medical Director December 2019



Our research in surgical simulation and the ethics of implantation continues to evolve. The work has been recognized with a large Federal grant

as well as publications and presentations in North America and Europe.

Our cochlear implant research has generated two peer-reviewed ethics articles, both of which seek to determine the correct balance patient benefit and advancements in technology with wait time management under a single-payer health care system. We are proud that our implant centre is viewed at the forefront of these national issues.

I would like to express my gratitude to our team members at HSC as well as at our offsite location, the Central Speech & Hearing Clinic for a very productive and collaborative year. I look forward to new accomplishments and challenges in 2020 and beyond!



Cochlear Implant Summary

A detailed description of cochlear implant surgical production for 2019, including information on program finances, changes in wait times and the current adult waiting list.

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Bone Anchored Implant Summary

A detailed description of bone anchored implant surgical production for 2019, including information on program finances, changes in wait times and the current adult waiting list.

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Program Personnel

- Jordan Hochman MD Director and Adult Cochlear Implant Surgeon
- Darren Leitao MD Pediatric Cochlear Implant Surgeon
- Les Garber MD Bone Anchored Implant Surgeon.
- Justyn Pisa AuD Program Coordinator
- Pam Campbell Executive Director,
 Central Speech & Hearing Clinic
- Kristy Mackie MSc Audiologist
- Daniela Stangherlin AuD Audiologist
- Jacob Sulkers MSc Audiologist
- Kelly Boyd Office Manager



JUSTYN PISA – PROGRAM COORDINATOR

Justyn Pisa is an implant audiologist and has been the coordinator of SHIP since the program was initiated in 2011.

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Coordinator Program Summary

by Justyn Pisa AuD, Program Coordinator

The following report will outline the current status of the Surgical Hearing Implant Program (SHIP) of the Department of Otolaryngology – Head & Neck Surgery at Health Sciences Centre (HSC) as of December 31, 2019.

2019 represented a productive year for SHIP amidst the changing landscape of health care delivery in Manitoba.

Despite staffing changes and funding adjustments, SHIP increased productivity quotas for both cochlear implant and bone anchored implants. This resulted in decreased adult wait times to within national norms for both implant programs.

2019 also marked a milestone for SHIP in reaching our **300th implant** for the Province. While we are proud of this achievement, significant challenges remain in order to balance patient demand within a fixed budget.

For example, several cochlear implant (CI) manufacturers released new technology in 2019 that enables implant recipients to receive MRI up to 3.0 Tesla without removal of the internal magnet. This is a great benefit to the patient, but comes with an increased per unit cost which translates to fewer implant procedures per year.

To address this issue, SHIP performed a retrospective analysis of its implant recipients to gauge potential for MRI needs in the future. This information was used to design a decision-making algorithm for SHIP's implant cohort to effectively manage patient need under a single-payer health care system.

This work was recently published in a peer-reviewed journal to highlight how our implant centre tackles complex issues for emergent health care in Manitoba.

CI Sound Processor Upgrades

In 2019, a total of 14 pediatric patients were granted 23 cochlear implant sound processor upgrades through the provincial cochlear implant replacement program. This program provides 80% of the cost towards processor upgrades for pediatric recipients every 5 years. Since 2013, the program has processed 58 applications for a total of 62 sound processors.

Newborn Hearing Screening

Since 2016, the WRHA's universal newborn hearing screening program has identified a total of 18 potential candidates for cochlear implantation with an average of just over 6 infants per year. To date, 11 of these infants have been implanted bilaterally under 12 months of age, representing a significant decrease in the average age of implantation for pre-lingually deafened recipients. We look forward to following the progress of this cohort.

Research in Ethics

2019 saw the publication of another research paper on ethical issues around cochlear implantation within a public health system. This recent article described balancing patient need with financial restraint when incorporating new technology into a publicly funded implant program. We are proud to be leading Canadian implant centres in this research area!

2020 Contract Negotiations

Over the past 8 years, SHIP has maintained a consistent patient flow with a static device budget. This is largely due to previous negotiations with vendors to ensure the cost of medical devices remains as low as possible. In 2020, SHIP will re-enter negotiations for a new contract which will seek to continue this tradition while ensuring our patients receive state of the art technology that is comparable to other implant centres.

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Cochlear Implant Summary

by Justyn Pisa AuD, Program Coordinator

The Cochlear Implant (CI) Program completed 41 surgeries in 2019. These included 35 unilateral procedures and 6 bilateral procedures on 31 adult patients and 10 pediatric patients. Since the start of the program, SHIP has implanted a total of 318 cochlear implants on 287 individual patients.

Wait Times

There are currently 9 patients awaiting trial for audiological candidacy assessment and 33 patients awaiting cochlear implant surgery.

The cochlear implant program continues to generate an average of approximately 3 (3.08) new surgical candidates per month.

The current surgical wait time was approximately **8.86** months for cochlear implant surgery in 2019. This represented an average decrease of **5.7** months from the previous year, largely due to a few expedited cases. The average wait time is expected to return to approximately 12.5 months by the end of the 2020 fiscal year, putting SHIP on par with the national implant centre norms.

Rotational Magnet Technology

Over the past year, 3 of the 4 global manufacturers released new electrode arrays that feature a magnet within the housing of the receiver-stimulator that rotates 3-dimensionally. This technological advancement is important as it allows cochlear implant recipients to undergo MRI scans at both 1.5 and 3.0 Tesla without requiring a head wrap procedure or surgery for magnet removal.

However, this technology comes with added cost per unit, which impacts the total number of procedures each year and can significantly increase adult wait times for surgery.

To examine this issue, SHIP performed a retrospective analysis on 257 cochlear implant recipients to assess overall need for serial imaging. This analysis included a comparison of MRI rates within the general population. All of this information was used to create a decision-making algorithm for utilizing this new technology only on patients with the greatest potential for postoperative imaging.



This process allows SHIP to balance the provision of cutting edge health care with the need for budget restraint in a fiscally challenging environment. This work was compiled into a research article and subsequently published in the Journal of Otolaryngology – Head & Neck Surgery.

2020 RFP Negotiations

One of the tools SHIP has for maintaining a consistent level of care, despite increasing patient demand and an expanding patient base; is our ability to negotiate lower pricing for medical equipment. We will begin negotiations for a new vendor contract in 2020 and will look to continue current costing estimates while incorporating new technology into our device portfolio.

Future Outlook

Aside from pricing, SHIP also plans to focus on funding for new diagnostic and fitting equipment as well as research assistance to assist in quality assurance measures.



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2019 CI Production

The surgical hearing implant program utilized 47 cochlear implant products on 41 individual patients in the 2019 calendar year. This represents a 38% (9 units) increase in surgical output from 2018.

10.8_{mos}

2019 Average Adult Wait Time

The average adult wait time in 2019 was 8.86 months (+/- 4.6 months). This represents an average decrease in wait times by 7.7 months from 2018 which is relatively in-line with national norms across Canadian implant centres.

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Current Adult Waiting List

The current adult wait list comprises 32 patients. SHIP cleared an average of 3.08 new cochlear implant candidates per month in 2019, with a projected wait list of 42 patients by the start of the next fiscal year in 2020.

Bone Anchored Implant Summary

by Justyn Pisa AuD, Program Coordinator



The Bone Anchored Implant (BAI) Program completed 5 surgeries in 2019. These 5 unilateral procedures were all adult cases. Since the start of the program, SHIP has implanted a total of 113 bone anchored implants on 112 individual patients.

Wait Times

There are currently 7 patients awaiting trial for audiological candidacy assessment and 8 patients awaiting bone anchored implant surgery.

The bone anchored implant program generated an average of 1.2 new surgical candidates per month, a decrease from previous years due to limitations placed on candidacy criteria.

The current surgical wait time is 11.1 months for bone anchored implant surgery, representing an average decrease of 2.0 months from the previous year. Considering BAI production over the past two years, the overall wait times for adult patients is largely due to available operating room time for the surgeon and has not been limited by the SHIP device budget.

Increased Costs

The number of revision surgeries required each year continues to grow as our patient population expands and new treatment options become available. The availability of abutment extensions has altered typical treatment for chronic wound management issues with the bone anchored implant.

The longer abutments are seen by both the surgical team and patients as a preferable treatment option to tissue reduction for chronic skin growth and infection around the abutment. As a result, surgical costs have increased to accommodate the need for abutment replacement in these cases. Despite the fact that these cases comprise less than

10% of all bone anchored implant recipients, it does represent a considerable impact on the SHIP annual budget.

Funding

Despite the number of revision surgeries to treat chronic skin infections in 2019, SHIP is still within its device budget allocation for BAI procedures. However, as we continue to support more patients each year, the costs of maintaining the internal and external equipment are projected to grow.

Reduced Surgical Count

Over the past two years, the BAI program has not met its device quota of 14 implant procedures per fiscal year. There are a number of contributing factors involved in this recent decline which suggest this drop in surgical output may only be temporary.

The BAI program currently has 12 pediatric patients wearing a sound processor on soft headband who are awaiting outer ear reconstruction from Plastic Surgery before considering implantation. Further, there are several patients also waiting for "active transcutaneous" technology which will eliminate the need for a visible abutment that protrudes through the skin. We believe this technology will radically improve surgical options for a very specific patient population and are looking forward to the release of these products in the near term.

Collaborative Research

SHIP remains partnered with the University of Alberta and the University of Western Ontario on a BAI project designed to verify prescriptive fitting targets for both adult and pediatric patient populations. This is a nation-wide study that will have long lasting impacts on the bone anchored implant field going forward.

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2019 BAI Production

The surgical hearing implant program utilized 11 bone anchored implant products on 11 individual patients in the 2018 calendar year. This production is consistent with previous years since the program's inception.

11.1_{mos}

2019 Average Adult Wait Time

The average adult wait time in 2018 was 11.1 months (+/- 9.6 months). This represents a decrease in the average wait time by 2 months compared to 2018 and represents a positive change in wait times since the program's inception.

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Current Adult Waiting List

The current adult wait list comprises 8 patients. SHIP cleared an average of 1.2 new bone anchored implant candidates per month in 2019 with a projected wait list of 15 patients by the start of the next fiscal year in 2020.

Patient Spotlight: Adult Bilateral CI Recipients

by Justyn Pisa AuD, Program Coordinator

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Adult Bilateral Candidates

Demand for bilateral implantation in adults continues to grow from our community of current recipients. SHIP has allocated funding for 2 sequential bilateral cases each year in order to address this patient driven effort. Subjective reports from recipients are extremely positive as they regain the use of both ears for better speech understanding, localization and hearing in noise.

To date, SHIP has implanted 12 adult recipients with bilateral cochlear implants. 3 of those cases were simultaneous (implanted within the same procedure) and 9 were sequential (the second device was implanted at a later date). All three simultaneous implantations were expedited cases with associated comorbidities (traumatic brain injury, bacterial meningitis infection, and Neurofibromatosis Type II).

The bilateral implant recipients are generally younger adults who demonstrated significant benefit from their first implant, yet advocated for a second based on communication needs in adverse listening environments. SHIP has begun to closely monitor performance in this group.

New Research Potential

While relatively small, this new patient cohort represents an opportunity to accurately measure the benefit provided from a second implant in adult populations. Provided these patients meet candidacy requirements for implantation in their second year, SHIP policy dictates that patients receive bilateral implantation to improve their ability to communicate at work, with family, and in social environments.

Preliminary results have been promising, with our initial bilateral implant recipients achieving an average speech perception score of 93.8% (SD = +/- 3.1%), versus the average unilateral score of 68. 4% (SD = +/- 24.8%).

Being fit with and adjusting to technology is a long and sometimes arduous process for patients.

Additional time to accumulate aggregate data is needed before SHIP can accurately measure the benefit of two cochlear implants versus one; however preliminary results remain very encouraging. Our current plan is for a 24-month study of 10 individual patients with eventual peer-reviewed publications on this and many other cochlear implant related topics. Stay tuned!



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Clinician's Corner: Group Information Sessions

by Daniela Stangherlin AuD, Implant Audiologist

Cochlear Implant Centre Update

2019 has been another successful year for our implant program. Central Speech and Hearing Clinic is our implant program's outpatient (re)habilitation centre for both children and adults.

Here at CSHC, we have continued to offer our adult candidates an opportunity to attend a group information session.

The group information session is a shared medical appointment where (on average) approximately 3 to 8 patients who are potential audiological candidates for receiving a cochlear implant (CI) attend. These sessions generate an average of just over 3 new CI candidates per month.

A New Experience

For many of our adult patients, the group information session is the start of their implant journey and first contact with the implant team.

Implant audiologists Kristy, Jacob and Daniela host a Wednesday afternoon group information session every 6 weeks; these sessions usually last a couple of hours. All new implant candidates are asked to attend with a partner.



Daniela (left) with patient Sally, who has been using her cochlear implant for 9 months.

Involving the CI Community

The group information sessions begin with a formal presentation by the audiologists who utilize a soundfield amplification system and provide typed captioning for comprehension.



Our audiology implant team has been providing specialized care to all of our recipients since 2010: Kristy Mackie (back left), Daniela Stangherlin (front left), and Jacob Sulkers.

An existing implant user then speaks about his or her cochlear implant experience before opening the floor to questions. Patients are also asked to complete some paperwork which includes contact information, a case history form and two quality of life questionnaires.

Patient Response

The response from patients has been overwhelmingly positive with regard to our group sessions. In fact, we took the opportunity to present data we collected in the early stages of development in the form of a poster presentation at the international ACI CI conference in 2016 held in Toronto.

We have also found our group sessions to be beneficial to the clinicians in terms of burnout and effective time management and overall patient experience.

Future Outlook

The group information sessions for adult CI candidates began in December 2014 and we have had 5 years of successful execution. We plan to continue our group information sessions into the future.

Patients report the most beneficial part of the sessions is the opportunity to meet a cochlear implant user in person. We attempt to recruit a varied pool of CI users that will speak honestly about their learning experience and their hearing experience with implants.

We have come to realize that the group information sessions enable us to spend fewer hours counseling individual patients and are an excellent source of improved patient care. However, the greatest benefit these information sessions have generated is that they have enabled both our potential implant candidates and our implant recipients to meet and form long lasting bonds. We are proud to help foster and be a part of this budding community.



Daniela with newly implanted patient Cyril, celebrating the one-month mark of his hearing rehabilitation journey.

SHIP Research Production

by Justyn Pisa AuD



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SHIP Research Production

by Justyn Pisa AuD

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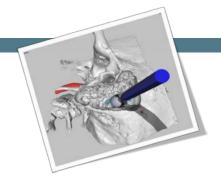
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